

SEPTEMBER  
2021

# CARIFTA

TRIATHLON, AQUATHLON & MIXED RELAY  
CHAMPIONSHIPS

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BAHAMAS PROPOSAL



# THE BAHAMAS

## INTRODUCTION

- SPORTS tourism continues to gain momentum in The Islands of The Bahamas with several major sporting events.
- The impressive list of events showcases the ability and diversity of the multi-island destination to host a wide variety of sporting events.
- The Bahamas now partners with more than five well-known sporting organizations, including the NBA, the National Football League (NFL), the International Federation of Association Football (FIFA), Major League Baseball (MLB) and the IAAF.
- The Bahamas hosted the CARIFTA Aquatics Championships in 2001, 2004, 2012 and 2017.
- The Bahamas is pleased to submit this proposal to host the 2020 CARIFTA Triathlon, Aquathlon and Mixed Relays Championships.



## EVENTS

## DATE(S) & TIMES

## LOCATION

Triathlon	Sept 18 & 19, 2021; 7:00am	Goodman's Bay
Aquathlon	Sept 18 & 19, 2021; 7:00am	Goodman's Bay
Mixed Relays	Sept 19, 2021; 7:00am	Goodman's Bay
Date of Arrival	Thursday, Sept 16, 2021	LPIA
Technical Meetings & Race Briefings	Friday, Sept 17, 2021	TBD @ Host Hotel
Relay Team Selection	Saturday, Sept 18, 2021	TBD @ Host Hotel
CARIFTA Triathlon Congress	Saturday, Sept 18, 2021	TBD @ Host Hotel
Opening Ceremony	Friday, Sept 17, 2021	TBD @ Host Hotel
Closing Ceremony	Sunday, Sept 19, 2021; TBD	TBD @ Host Hotel
Date of Departure	Monday, Sept 20, 2021	LPIA

# EVENTS SCHEDULE

Official Dates, Times and Venues to be finalized once bid is accepted.

# FEDERATIONS

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The following Triathlon Federations have been invited to participate:

- Antigua & Barbuda
- Aruba
- Bahamas
- Barbados
- Belize
- Bermuda
- Cayman Islands
- Cuba
- Curacao
- Dominica
- Dominican Republic
- French Guiana
- Grenada
- Guadeloupe
- Guyana
- Haiti
- Jamaica
- Martinique
- Puerto Rico
- St. Kitts & Nevis
- St. Lucia
- St. Maarten/St. Martin
- St. Vincent & The Grenadines
- Suriname
- Trinidad & Tobago
- Turks & Caicos Islands
- The British Virgin Islands
- The US Virgin Islands

# COMPETITION SCHEDULE

<u>SESSION 1</u> SATURDAY, SEPT. 18, 2021	<u>AGE GROUP</u>	<u>DISTANCES</u>
Event 1 – Aquathlon 8.00 am start	16-19 Males & Females	1000m swim/5K run
Event 2 – Aquathlon 8.00 am start	Under 21 Males & Females	1000m swim/5K run
Event 3 – Triathlon 9.00 am start	13-15 Males & Females	Super Sprint 400m swim/10K bike/2.5K run
Event 4 – Triathlon 10.30 am start	11-12 Males & Females	Super Sprint 200m swim/5k bike/1.5K run

Competitors in all races will compete in the following age groups:

11-12 Female & Male

13-15 Female & Male

16-19 Female & Male

U21 Female & Male

ALL Athletes' ages for determination for which event they are eligible shall be age as of midnight on 31 December 2021.

ALL swimming will be done in open water.

**SESSION 2**  
**SUNDAY SEPT 19, 2021**

**AGE GROUP**

**DISTANCES**

**Event 5 – Triathlon**  
**8.00 am start**

Under 21 Males & Females

**Sprint**  
750m swim/20K bike/5K run

**Event 6 – Triathlon**  
**8.00 am start**

16-19 Males & Females

**Sprint**  
750m swim/20K bike/5K run

**Event 7 – Aquathlon**  
**10.00 am start**

13-15 Males & Females

500m swim/2.5K run

**Event 8 – Aquathlon**  
**10.30 am start**

11-12 Males & Females

250m swim/1.5K run

**Event 9 – Mixed Team Relay Triathlon**  
**12.00 pm start**

11-12,13-15, 16-19 and Under 21

250m swim/5K bike/1K run

**Event 10 – Open Triathlon**  
**1.00 pm start**

Open – Individuals and Teams (minimum  
age 15 as of 31 December 2021)

**Sprint**  
750m swim/20K bike/5K run

# COMPETITION SCHEDULE

All countries will supply names of athletes wishing to participate in the relay and the teams will be chosen randomly at a special relay team meeting with coaches present.

The teams are to be formed at least 12 hours before the start of the mixed relay event.

The draw will take place in the presence of the OC, and a maximum of two officials from each participating country

# RACE ENTRIES

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## PRELIMINARY ENTRIES

- Preliminary Entries in each discipline must be made using the Preliminary Entry forms attached and must reach the Chairperson of the Local Organizing Committee by **June 30, 2021**.

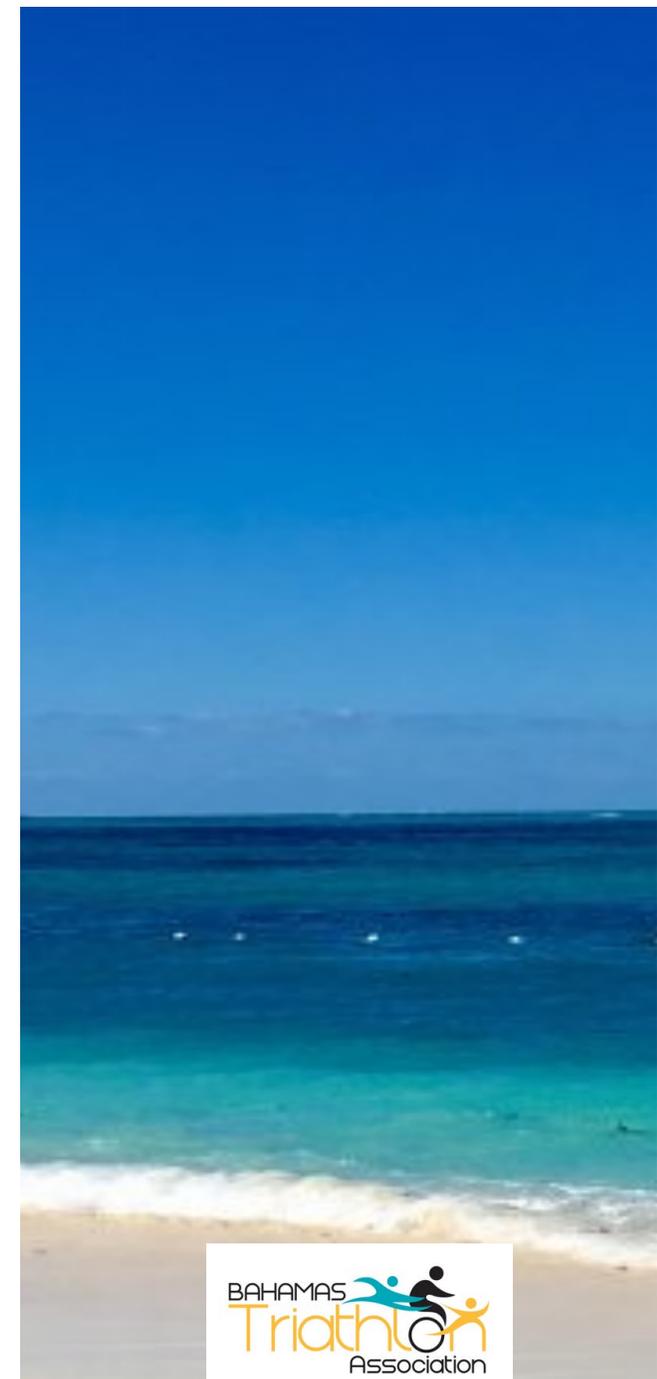
## FINAL ENTRIES

- The final entries must be submitted to the Organizing Committee by **August 20, 2021**.
- Final Entries must include the following details:
  - Final Entry form signed by the President or General Secretary of the Federation must be emailed to the Organizing Committee and Local Organizing Committee by the deadline date of **August 20, 2021**.

The following will also be required:

- Passport size photographs of each athlete, team official and technical official (if any).
- Photographs must be submitted in electronic format as .jpg file. Each picture (.jpg file) must specify the full name and Country of the athlete, team official or technical official (as the case may be). Photographs should be a size to allow for efficient email transmission, i.e. maximize 5 MB.
- Details of arrival and departure of all athletes, team officials and technical officials.

Lori Roach – [secretary@bahamastriathlon.org](mailto:secretary@bahamastriathlon.org)



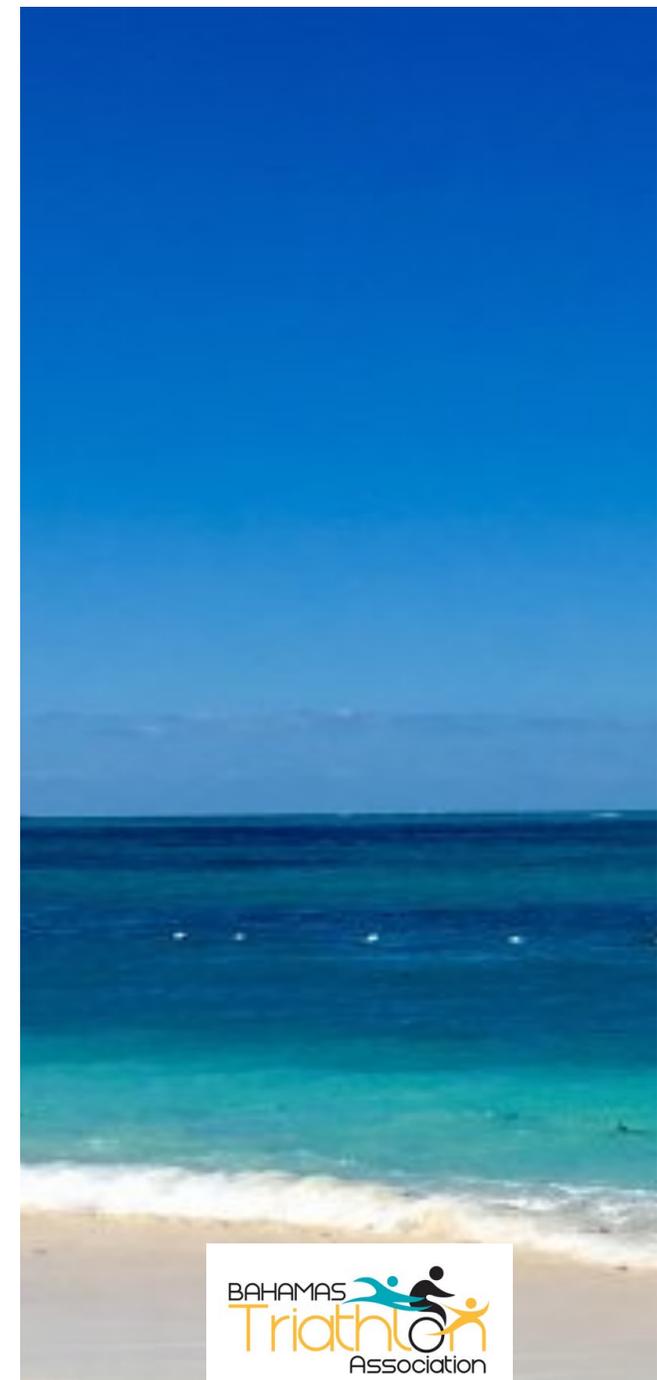
# RACE ENTRIES

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## TEAM OFFICIALS

- Each Country may include in its delegation Team Officials up to a maximum number depending on the number of athletes in that Country's team. Examples of team officials are managers, coaches, chaperones, doctors, masseurs, physiotherapists, bike mechanics etc.
- The capacity in which a person is attending as a team official must be stated both online and in the Final Entry Form.
- In addition, each Country may include in its official delegation **one (1)** qualified Technical Official in accordance with Paragraph 10. The applicable entry fee will be payable in respect of each Team Official.

NUMBER OF ATHLETES IN TEAM	MAX# OF TEAM OFFICIALS
Five (5) athletes or less	2
Six (6) to fifteen (15) athletes	3
Sixteen (16) or more athletes	4



# RACE ENTRIES

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## FEES

- Meet Fee – US\$ 50.00 per team member (athletes and team officials)
- Athlete Triathlon Race Fee – US \$50.00
- Aquathlon/Duathlon Athlete Race Fee - US\$ 30.00
- Mixed Relay Athlete Race Fee - US\$ 20.00

# OFFICIALS

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## TECHNICAL OFFICIALS

- The BTA shall seek applications for a level 2 TO so as to meet the basic level of officiating. The level 2 TO will serve as Head Official and work with the LOC, officials and volunteers to ensure the event is properly officiated.
- Qualified individuals may apply to the LOC to act as Technical Officials in the Triathlon, Aquathlon and Mixed Relay competitions.
- Application forms should be completed by the Technical Official, signed by the Federation President or Secretary and submitted to the Organizing Committee's Chairperson not later than **August 20, 2021**
- Technical Officials who are accepted will be provided airfare, transportation, meals/per diem and accommodation at the cost of the LOC.
- Officials who are selected will be notified by **September 1, 2021**.

# ACCOMMODATIONS

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## TRAVEL AND ACCOMMODATION

- Jet Blue, American Airlines and Bahamasair all fly from the South Florida area to Nassau.
- Teams will be responsible for arranging, booking and paying for their own accommodation.
- Delegations will be responsible for booking their own accommodation. A booking code for block booking rooms, and a contact at the event hotels will be made available in due course.
- The official event hotel will be:
  - Breezes Bahamas Resort & Spa, Cable Beach, Breezes Lane, Nassau, The Bahamas
    - The Super inclusive concept offers the best value – virtually everything you can eat, drink and do is included in one simple, upfront price, with no tipping allowed.

## HOTEL ACCOMMODATION RATES

Single occupancy: \$210 per room per night;

Double occupancy: US\$280 per room per night (\$140.00 per person per night);

Triple occupancy: US\$380 per room per night (\$126.67 per person per night);

Quadruple occupancy: US\$400 per room per night (\$100.00 per person per night).

*In addition to the above rates, there may be additional government taxes.*



# TRANSPORTATION

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- Teams are responsible for arranging their own transportation to and from their own country to The Bahamas and the cost thereof.
- All team members (athletes, Official team delegations and approved Technical officials) will be transported from the airport to the relevant event hotel on the day of arrival, and from the relevant event hotel to the airport on the day of departure.
- Persons who are not registered as part of a team's official delegation may be charged a separate fee for transportation as determined by LOC.
- The Competition Venue is adjacent to the host hotel so there is no need for transportation to the events.

# EVENT TIMING

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RACE PROMPT ([www.raceprompt.com](http://www.raceprompt.com)) will be engaged to provide electronic timing of all events.

Prompt has provided professional timing services in The Bahamas for running, triathlon, open water swimming and cycling events.

Prompt has all requisite personnel and equipment to provide electronic timing as required for an ITU WTS event. All events will be timed using ankle timing chips. For the triathlon events, splits will be recorded for each athlete as follows:

- Swim
- T1
- Bike
- T2
- Run
- Total time

Splits for each lap of the bike or run for events with multi-laps for these disciplines will not be recorded.

Results will be posted online.



# VENUE & COURSE

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- The event venue is Goodman's Bay Beach & Park.
- All transitions will be in Goodman's Bay Park.
- The Swim will take place on Goodman's Bay Beach. The swim course is shallow, sandy and clear. A rescue boat owned by the Bahamas Air Sea Rescue Association and various lifeguards on paddle boards and/or kayaks will be present.
- The Cycling and Run will take place on the Cable Beach Strip.
- The bike course will be completely closed and is immaculately paved, flat and technical. Police will be at all roundabouts and or intersections.
- Ambulances will be on the course.



# COURSE MAP



# RACE CONTACTS

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## LORI ROACH

Chair Local Organising Committee

Secretary General Bahamas Triathlon Association

242-376-0062

[secretary@bahamastriathlon.org](mailto:secretary@bahamastriathlon.org)

## DORIAN ROACH

President, Bahamas Triathlon Association

242-424-8038

[president@bahamastriathlon.org](mailto:president@bahamastriathlon.org)

TBD

Race Director

# THANK YOU

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